## The Word PAST, As A Mne·mon·ic To Help You Plan Your Future

## Below is an excerpt from Episode 19 of the Oportuno Podcast available at Oportuno.org:

In your Mind Map, first write in a word, that is your "Objective" to accomplish.

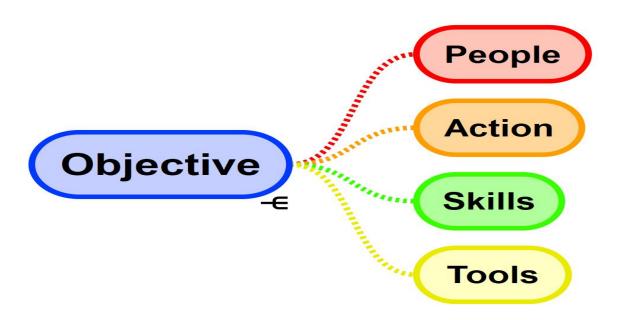
Your objective will be your goal, dream or aspiration you want to achieve.

Under the name of your objective, write People, Action, Skills and Tools. To remember these 4 words, People, Action, Skills and Tools, just remember the word PAST, as a mne·mon·ic, to help you remember that P in the word Past, represents PEOPLE, A in the word Past, represents ACTION, S in the Word Past represents SKILLS and T in the word past, represents TOOLS.

Under People, list your Team and those People, that will work with and for you to achieve your objective. Under Action, list Action Steps in the order as they are to occur to achieve your objective. Under SKILLS, list any Courses, Training, Skills or Knowledge you first need to acquire to accomplish your objective; and last, under Tools, list any Tools that will be required to accomplish your objective.

To get PAST go, in this game of life, just use the word 'Past" as a Mnemonic, and perform this thought provoking exercise to begin the journey to your objectives.

You'll be surprised how quickly your mind map will grow into many levels.



This Mind Map was created using <u>SimpleMind Mind Mapping Software</u> available at <u>SimpleMind.eu</u>.



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