

A Few Seconds of Kindness

SONG (Leave It Better): https://oportuno.org/files/A_Few_Seconds_of_Kindness.mp3

This PDF: https://oportuno.org/files/A_Few_Seconds_of_Kindness.pdf

Sometimes, the smallest gestures can have the biggest impact. A smile, a wave, or a simple hello can turn a difficult day around and remind us we're not alone. ***A Few Seconds of Kindness*** is a song inspired by those fleeting moments-when someone's kindness, given in just a moment of time can change the direction of a life. This song is a celebration of the everyday heroes who, often without even realizing it, make the world a warmer, brighter place for others. Let this be a reminder that even the briefest act of kindness can echo far beyond the moment, creating ripples of hope and connection for us all.



A Few Seconds of Kindness

I was walking through the world, feeling lost and unseen,
Head down, not happy, caught up in routine.
Then you smiled at me, just a moment in time,
A simple hello, but it brightened my mind.

Didn't know your name, but you saw me there,
A wave and a nod, you showed me you care.

A few seconds of kindness, that's all it took,
A gentle reminder, a new outlook.
You changed my direction, with hope now in sight.

Someone held the door as they said "Have a great day,"
Letting me go first in line, in their quiet way.
A thumbs up, a compliment, if you only knew,
How your kind gesture changed me, through and through.

Didn't take much, just a moment to share,
A stranger's kindness told me, that someone was there.

A few seconds of kindness, that's all it took,
A gentle reminder, a new outlook.
A word or a gesture, a spark in the night,
You changed my direction, with hope now in sight.

Now I pass it on, every chance I find,
A smile for a stranger, a moment to be kind.
It's a ripple, a wave, it grows every day,
Because you showed me kindness in the simplest way.

A few seconds of kindness, that's all it took,
A gentle reminder, a new outlook.
A word or a gesture, a spark in the night,
You changed my direction, with hope now in sight.

So here's to kind moments, the quick hellos,
The kindness we share, the love that grows.
A few seconds of kindness, again and again,
A world made better, by the kindness of friends.